

INTERSERV * MEALS * MENU

JANUARY 2019

IF NO BREAD OR GRAIN IS LISTED, YOU WILL RECEIVE 2 SLICES OF WHOLE GRAIN BREAD OR WHOLE GRAIN ROLL – MARGARINE – 2% MILK SERVED WITH EVERY MEAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CLOSED	2 CHICKEN SLIDERS BUTTER MASHED POTATOES COLE SLAW FRUIT DUMP CAKE	3 CORN BEEF & CABBAGE SWEET CARROTS SPICE APPLESAUCE	4 SAUSAGE BISCUIT W/ EGG & CHEESE TRI-TOTS STEWED TOMATOES ORANGE
7 HERB ROASTED PORK MASHED POTATOES W/ GRAVY CALIFORNIA BLEND BERRY BLEND	8 FISH STICKS BAKED CALICO BEANS MAC & CHEESE HUSH PUPPIES MANDARIN SALAD	9 ROASTED CHICKEN SEASONED GREEN BEANS SWEET YAMS FRUIT COCKTAIL	10 FIESTA TACO SALAD SEASONED PINTO BEANS MEXICAN RICE EMERALD PEARS	11 ROAST BEEF SANDWICH OVER MASHED POTATOES KEY LARGO BLEND RAISINS
14 MEATLOAF BRUSSEL SPROUTS MASHED POTATOES APRICOTS	15 BREAKFAST CASSEROLE STEWED TOMATOES CINNAMON ROLL PEARS	16 BBQ PORK SANDWICH CHEDDAR CORN GREEN BEAN CASSEROLE APPLE CRISP	17 CHICKEN PARMESAN PARSLEY POTATOES SONOMA BLEND BANANA	18 COWBOY CASSEROLE PEARS & CARROTS SPINACH SALAD HAWAIIAN FRUIT
21 CLOSED	22 BEEF MUSHROOM STEAK VEGGIE MEDLEY RANCH MASHED POTATOES CINNAMON APPLE RINGS	23 CHILI W/ BAKED POTATO BROCCOLI W/ CHEESE PEAR HALVES	24 SUB SANDWICH BAKED CHIPS COTTAGE CHEESE PICKLED BEETS PINEAPPLE	25 CHICKEN FRIED CHICKEN MASHED POTATOES W/GRAVY COUNTRY GREEN BEANS PEACH CRISP
28 TUNA NOODLES CASSEROLE SWEET PEAS SPICE APPLES CARROT JELLO SALAD	29 BEEFY ENCHILADA SOUP SOUTHWEST FIESTA CORN TORTILLA CHIPS TROPICAL FRUIT	30 COUNTRY FRIED STEAK MASHED POTATOES W/ WHITE GRAVY CAULIFLOWER W/ CHEESE PEACHES	31 BROWN SUGAR HAM SWEET POTATOES GREEN BEAN CASSEROLE BLUSHING PEARS	