



2017 Larry Hanneman Memorial Weightlifting Championship



Wesley Weightlifters

Date: Saturday, October 14th

Place: Inter/Serv Wesley Center, 200 Cherokee, St. Joseph, MO

Entry Fee: \$25.00 School Age, \$30.00 for Junior, \$35.00 for Open & Master
Make checks payable to InterServ

Deadline: Must receive in hand before October 1st. **Extra \$20 Fee after Oct. 1.**

Meet Director: Dennis Snethen, Coach, Wesley Weightlifters
Contact e-mail: snethen@stjoelive.com

Sanction: MO Valley local LWC & USAW

Rules: Current USA/IWF rules apply only current registered members are eligible.
No day of meet USAW registration.

Awards: 1st thru 3rd individual medals
Special awards for best lifters per division

Divisions/Weight Classes

<i>(kilos)</i>	Boys 11-under	31, 35, 39, 44, 50, 56, 62, 62+	Girls 11-under	31, 35, 39, 44, 48, 53, 58, 58+
	Boys 13-under	35, 39, 44, 50, 56, 62, 69, 69+	Girls 13-under	35, 39, 44, 48, 53, 58, 63, 63+
	Boys 14-17	44, 50, 56, 62, 69, 77, 85, 94, 105, 105+	Girls 14-17	44, 48, 53, 58, 63, 69, 75, 75+
	Men 18-20	56, 62, 69, 77, 85, 94, 105, 105+	Women 18-20	48, 53, 58, 63, 69, 75, 90, 90+
	Open/Masters	56, 62, 69, 77, 85, 94, 105, 105+	Open/Masters	48, 53, 58, 63, 69, 75, 90, 90+

Schedule:

Session 1	Boys & Girls 11-under, Boys & Girls 13-under, Master's women	Weigh in 7:30 a.m.	Lift 9:30 a.m.
Session 2	14-17 Girls, 18-20 Women, Open Women	Weigh in 10:00 a.m.	Lift 12 noon
Session 3	14-17 Boys, 18-20 Men, Master's Men	Weigh in 12:00 noon	Lift 2:00 p.m.
Session 4	Open Men	Weigh in 2:30 p.m.	Lift 4:30 p.m.

Schedule is subject to change. We will call if schedule changes (Questions – dsnethen@inter-serv.org)
Mail entries to InterServ, PO Box 4038, St. Joseph, MO 64504-0038

ENTRY FORM

Name _____ Male _____ Female _____ Wt Class _____ USAW# _____ Club _____

Address: _____
City State Zip

e-mail: _____ Year of Birth: _____ Age Group _____

Cell Phone: _____ Coach's cell phone: _____

In consideration of your accepting this entry, I hereby for myself, executors and administrators waive and release any and all rights and claims for damages I may have against the patrons of this meet, Interfaith Community Services, (Wesley Weightlifters), USAW, MO Valley Weightlifting Committee for any and all injuries that may be suffered by me in connection with my competition in this meet.

Lifter's Signature

Parent Signature (if lifter is under 18)
2017 Hanneman

Date