



2017 Turkey Cup Weightlifting Championship



Wesley Weightlifters

Date: Saturday, November 18, 2017

Place: InterServ Wesley Center, 200 Cherokee, St. Joseph, MO

Entry Fee: \$25.00 School Age, \$30.00 for Junior \$35.00 for Open & Master
Make checks payable to InterServ

Deadline: Must receive in hand before November 11th. **Extra \$20 Fee after Nov. 1**

Meet Director: Dennis Snethen, Head Coach, Wesley Weightlifters
Contact e-mail: dsnethen@stjoelive.com

Sanction: MO Valley LWC & USAW

Rules: Current USAW/IWF rules apply. Only current registered members are eligible.
No day of meet USAW registration.

Awards: 1st thru 3rd Individual medals
Special awards for best lifters per division

Divisions/Weight Classes (kilos):

BOYS/MEN

11-under 31, 35, 39, 44, 50, 56, 62, 62+
 13-under 35, 39, 44, 50, 56, 62, 69, 69+
 14-17 44, 50, 56, 62, 69, 77, 85, 94, 105, 105+
 18-20 56, 62, 69, 77, 85, 94, 105, 105+
 Open/Masters 56, 62, 69, 77, 85, 94, 105, 105+

GIRLS/WOMEN

11-under 31, 35, 39, 44, 48, 53, 58, 58+
 13-under 35, 39, 44, 48, 53, 58, 63, 63+
 14-17 44, 48, 53, 58, 63, 69, 75, 75+
 18-20 48, 53, 58, 63, 69, 75, 90, 90+
 Open/Masters 48, 53, 58, 63, 69, 75, 90, 90+

Event Schedule:

Session 1	Boys/Girls 11-under, Boys/Girls 13-under, Master's Women	Weigh-in 7:30 a.m.	Lift 9:30 a.m.
Session 2	14-17 Girls, 18-20 Women, Women Open	Weigh-in 10:00 a.m.	Lift 12 noon
Session 3	14-17 Boys, 18-20 Men, Master's Men	Weigh-in 12:00 noon	Lift 2:00 p.m.
Session 4	Men Open	Weigh-in 2:30 p.m.	Lift 4:30 p.m.

Schedule is subject to change. We will call if schedule changes (Questions – dsnethen@stjoelive.org)
Mail entries to InterServ, PO Box 4038, St. Joseph, MO 64504-0038

ENTRY FORM

Name _____ Male _____ Female _____ Wt Class _____ USAW# _____ Club _____

Address: _____
 City _____ State _____ Zip _____

e-mail: _____ Year of Birth: _____ Age Group _____

Cell Phone: _____ Coach's cell phone: _____

In consideration of your accepting this entry, I hereby for myself, executors and administrators waive and release any and all rights and claims for damages I may have against the patrons of this meet, Interfaith Community Services, (Wesley Weightlifters), USAW, MO Valley Weightlifting Committee for any and all injuries that may be suffered by me in connection with my competition in this meet.

Lifter's Signature

Parent Signature (if lifter is under 18)
2017 Turkey Cup

Date