


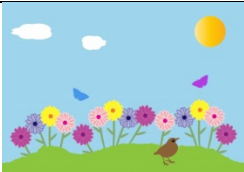



# INTERSERV \* MEALS \* MENU

**September 2018**

IF NO BREAD OR GRAIN IS LISTED, YOU WILL RECEIVE 2 SLICES OF WHOLE GRAIN BREAD OR WHOLE GRAIN ROLL – MARGARINE – 2% MILK SERVED WITH EVERY MEAL

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|--|--|---|---|
| CLOSED<br>LABOR DAY  | 4<br>HERB ROASTED CHICKEN<br>BAKED BEANS<br>RANCH POTATOES<br>PEACH COBBLER                        | 5<br>HOT ROAST BEEF<br>MASHED POTATOES<br>CALIFORNIA BLEND<br>FRUIT AMBROSIA               | 6<br>HAWAIIAN HAM<br>ROASTED TUSCAN VEGGIES<br>SWEET POTATOES W/<br>MARSHMALLOWS<br>FRUIT GELATIN | 7<br>GOULASH<br>GREEN BEANS<br>GARDEN SALAD<br>COTTAGE CHEESE<br>PINEAPPLE                                      |
| 10<br>PHILLY STEAK PASTA<br>BUTTERED CARROTS<br>SPICED PEARS<br>ROLL<br>TOMATO JUICE | 11<br>TACO SALAD<br>SEASONED PINTO BEANS<br>MEXICAN RICE<br>PINA COLADA SALAD                      | 12<br>LEMON PEPPER CHICKEN<br>SWEET POTATO CASSEROLE<br>VEGGIE MEDLEY<br>FRUIT COCKTAIL    | 13<br>ROASTED PORK LOIN<br>MASHED POTATOES W/<br>GRAVY<br>CALIFORNIA BLEND<br>MELON               | 14<br>FISH STICKS<br>TOMATO/CUCUMBER SALAD<br>MAC & CHEESE<br>BROCCOLI SLAW<br>ORANGE GELATIN                   |
| 17<br>CAVATINA<br>GARDEN SALAD<br>CATALINA BLEND<br>GARLIC ROLL<br>EMERALD PEARS     | 18<br>PORK CUTLETS<br>BUTTERED PEAS<br>NEW REDSKIN POTATOES<br>FROSTED CAKE<br>JUICE               | 19<br>BASIL TOMATO SOUP<br>W/ GRILLED CHEESE<br>MIXED VEGGIES<br>FROG EYE SALAD<br>PEACHES | 20<br>RUEBEN CASSEROLE<br>STEAMED VEGGIES<br>SPINACH<br>FRESH FRUIT                               | 21<br>CHEF SALAD W/EGG, MEAT,<br>VEGGIES<br>COTTAGE CHEESE W/<br>PINEAPPLE<br>CARROT & RAISIN SALAD<br>CRACKERS |
| 24<br>SHEPARD'S PIE<br>ROLL<br>LIMA BEANS<br>LOUISIANA FRUIT SALAD                   | 25<br>PORCUPINE BURGERS<br>TWICE BAKED MASHED<br>POTATOES<br>ITALIAN BLEND<br>ROLL<br>STRAWBERRIES | 26<br>TUNA SALAD<br>OVER FRESH SPINACH<br>TOMATOES<br>BAKED CHIPS<br>PEAR SECTIONS         | 27<br>CHICKEN DUMPLINGS<br>BEETS<br>CHEESY CAULIFLOWER<br>CINNAMON APPLE RINGS                    | 28<br>SHAKE N BAKE PORK CHOPS<br>SWEET POTATO BLEND<br>GREEN BEANS<br>PINEAPPLE UPSIDE DOWN<br>CAKE<br>JUICE    |
|   |                 |        |              |                            |